



# 2025 BONAQUA AFRICA TRIATHLON CUP, AFRICA TRIATHLON JUNIOR CUP & MULTISPORT FESTIVAL

ZIMBABWE TRIATHLON NATIONAL CHAMPIONSHIPS, I-GO CORPORATE TEAM TRIATHLON & DUATHLON CHALLENGES, OFF-ROAD TRIATHLON, MOUNTAIN BIKE, YOUTH-MINI TRIATHLON & DUATHLON, AQUATHLON, DUATHLON, AQUABIKE, OPEN WATER SWIM, TRAIL RUN & CYCLE CRITERIUM

DAY	TIME	PRE AND POST EVENT SCHEDULE
Friday 28th February	5.00PM	<b>ENTRIES CLOSE - DEADLINE FOR PAYMENT OF ENTRY FEE</b>
Thursday 6th March		Visiting international athletes arrive RGM International, transfer to Troutbeck Inn Resort
Friday 7th March		<b>COURSE FAMILIARISATION</b>
	0900-0945	CYCLE COURSE FAMILIARISATION - ELITE, JUNIORS
	1000-1030	SWIM COURSE FAMILIARISATION - ELITE, JUNIORS
	1400-1430	SECOND SESSION SWIM COURSE FAMILIARISATION
		<b>ELITE/U23 ATHLETES</b>
	1130-1230	REGISTRATION & RACE PACK COLLECTION
	1230	ATHLETES BRIEFING - CONFERENCE ROOM
	1300-1330	MEDIA CONFERENCE - CONFERENCE ROOM
		<b>JUNIOR MEN &amp; WOMEN</b>
	1330-1400	REGISTRATION & RACE PACK COLLECTION
	1400	ATHLETES BRIEFING - CONFERENCE ROOM
	1430	MEDIA CONFERENCE-CONFERENCE ROOM
		<b>ALL OTHER PARTICIPANTS</b>
	1400 - 1600	REGISTRATION ZONE - LATE ENTRY FEE PAYMENTS - LATE ENTRIES ACCEPTED
		RACE PACK COLLECTIONS - REPORT TO SPECIFIC DISCIPLINE DESK - TRIATHLON & YOUTH MINI / DUATHLON / AQUATHLON / AQUABIKE / CORPORATE TEAMS / OFF-ROAD / MTB / OPEN WATER SWIM / TRAIL RUN *** CYCLE CRITERIUM PARTICIPANTS REGISTRATION & RACE PACK COLLECTION AT MTB TRANSITION ZONE LOWER LEVEL ON SATURDAY 8TH MARCH
	1500	<b>ALL ENTRIES CLOSE</b>
	1615	<b>RACE BRIEFINGS</b>
		CONFERENCE ROOM - ONLY FOR TRIATHLON, AQUABIKE & DUATHLON PARTICIPANTS - includes AG Standard, Sprint, Supersprint, Youth Supersprint, Corporate Team Challenge - all Teams - at least 1 team member must attend **
		IF YOU ARE UNABLE TO ATTEND THE BRIEFINGS - please notify the LOC - Race Briefing documents will be uploaded to the event page on the website. THE ONUS IS ON THE ATHLETE TO STUDY THE COURSE MAPS AND BRIEFING DOCUMENTS - IF YOU DO NOT UNDERSTAND ANYTHING PLEASE ASK FOR ASSISTANCE BEFORE YOUR RACE STARTS
		** FOR ALL EVENTS - COURSE MAPS WILL BE DISPLAYED AT THE VENUE, THEY ARE ALSO AVAILABLE TO VIEW ON WEBSITE <a href="https://www.zimtri.org/2025-course-maps/">https://www.zimtri.org/2025-course-maps/</a> STUDY THEM AND UNDERSTAND YOUR COURSE
		<b>BRIEFINGS FOR FOR ALL OTHER EVENTS : YOUTH MINI, OFF-ROAD TRIATHLON, MTB, AQUATHLON, OPEN WATER SWIM, TRAIL RUN - Briefings will be done prior to the start of your race on Saturday morning.</b>
	1700	5KM NIGHT WALK/RUN AROUND THE RESORT
	1800	TECHNICAL OFFICIALS & VOLUNTEERS BRIEFING
Saturday 8th March		<b>COMPETITION DAY</b>
		<b>REPORT TO CHECK-IN AT YOUR SPECIFIC TRANSITION ZONE AT THE CORRECT TIME. YOU WILL NOT BE PERMITTED TO CHECK IN TO TRANSITION EARLIER THAN YOUR ALLOCATED TIME SLOT.</b>
	1800	TECHNICAL OFFICIALS & VOLUNTEERS POST-EVENT BRIEFING
Sunday 9th March	TBC	DEPARTURES TO HARARE

