

RESULTS - 2024 DUATHLON NATIONAL CHAMPIONSHIPS - SUNDAY 29 SEPTEMBER 2024

DUTOTS

| RACE NUMBER | | NAME | Gender | DISC # | POS |
|-------------|---|----------------------|--------|--------|-----|
| DT | 1 | SYLVIS MATOWA | M | 7 | 1 |
| DT | 2 | RICHARD LIGHT | M | 8 | 2 |
| DT | 7 | KEVIN MORGAN | M | 9 | 3 |
| DT | 9 | NANDI SANTIAGO | F | 12 | 4 |
| DT | 4 | MIA LI | F | 13 | 5 |
| DT | 8 | MICHAEL LIGHT | M | 14 | 6 |
| DT | 3 | TENDAI AMANI CHITEPO | F | DNS | DNS |
| DT | 5 | COLTON WEST | M | DNS | DNS |
| DT | 6 | MUFUDZI MUNYANYI | M | DNS | DNS |

DUKIDZ

| RACE NUMBER | | NAME | Gender | DISC # | POS |
|-------------|---|-------------------|--------|--------|-----|
| DK | 6 | BENJI MORGAN | M | 1 | 1 |
| DK | 2 | ANT O'DONOGHUE | M | 2 | 2 |
| DK | 3 | DANIEL LIGHT | M | 3 | 3 |
| DK | 8 | ISAAC KUREBWA | M | 4 | 4 |
| DK | 4 | KUPA ECEOLAZA | M | 5 | 5 |
| DK | 9 | AMELIE ALLOUARD | F | 6 | 6 |
| DK | 5 | ZACK LI | M | 10 | 7 |
| DK | 1 | ARIA DE NORONAH | F | 11 | 8 |
| DK | 7 | MUKUDZEI MUNYANYI | M | DNS | DNS |



DUSPORT

| RACE NUMBER | | NAME | Gender | DISC # | POS |
|-------------|----|----------------------|--------|-----------|-----------|
| DS | 21 | TYLER WEST | M | 1 | 1 |
| DS | 15 | TRYMORE KANHEMA | M | 2 | 2 |
| DS | 16 | CAMERON MORGAN | M | 3 | 3 |
| DS | 1 | SHINGA MUSHAMBA | M | 4 | 4 |
| DS | 26 | SHYLET SHUMBA | F | 5 | 5 |
| DS | 22 | SEBASTIAN RAUTENBACH | M | 6 | 6 |
| DS | 2 | SHUNGU MUSHAMBA | M | 7 | 7 |
| DS | 17 | MINO LI | M | 8 | 8 |
| DS | 5 | NATHANIEL GOVERE | M | 9 | 9 |
| DS | 6 | SYLVAN MATOWA | M | 10 | 10 |
| DS | 8 | SHAILYN MUSEKA | F | 11 | 11 |
| DS | 25 | BENJAMIN KUREBWA | M | 12 | 12 |
| DS | 9 | SOPHIE SAVORY | F | 13 | 13 |
| DS | 24 | TAEKE VAN NEDERVEEN | M | 14 | 14 |
| DS | 20 | MICHAEL DORAN | M | 15 | 15 |
| DS | 3 | JAELYN MVERECHENA | F | 16 | 16 |
| DS | 18 | KHWEZI MAROWA | M | 17 | 17 |
| DS | 11 | ADRIAN USHAMBA | M | 18 | 18 |
| DS | 13 | EPHRAIM MTHANDWA | M | 19 | 19 |
| DS | 12 | ANESU MUSHAKAVANHU | M | 20 | 20 |
| DS | 10 | TAKUDA CHIWAKA | M | 21 | 21 |
| DS | 19 | TARIQ SAYWOOD (BIKE) | M | BIKE ONLY | BIKE ONLY |
| DS | 23 | EVERLY BOWL | F | DNF | DNF |
| DS | 4 | JEROME MVERECHENA | M | DNS | DNS |
| DS | 7 | ATIPAISHE GWARAZIMBA | M | DNS | DNS |
| DS | 14 | KYLE SIBANDA | M | DNS | DNS |

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2024 DUATHLON NATIONAL CHAMPIONSHIPS - SUNDAY 29 SEPTEMBER 2024 (ROAD BIKES)

ROAD - AG MEN - SPRINT

| RACE NUMBER | NAME | CAT | DISC # | CLOCK TIME | FINISH TIME | ACTUAL TIME | POS |
|-------------|-----------------|-----|--------|------------|-------------|-------------|-----------|
| S 15 | SHINE DOKO | AG | 1 | 00:05:00 | 01:12:19 | 01:07:19 | 1 |
| S 8 | RODRIK SHUMBA | AG | 3 | 00:05:00 | 01:15:21 | 01:10:21 | 2 |
| S 2 | PAUL DENSLOW | AG | 6 | 00:05:00 | 01:15:41 | 01:10:41 | 3 |
| S 6 | ROSS O'DONOGHUE | AG | 5 | 00:05:00 | 01:15:41 | 01:10:41 | 4 |
| S 4 | MARK FULLER | AG | 12 | 00:05:00 | 01:24:31 | 01:19:31 | 5 |
| S 7 | ASHLEY MHLANGA | AG | 18 | 00:05:00 | 01:27:48 | 01:22:48 | 6 |
| S 10 | STEED WILSON | AG | 28 | 00:05:00 | 01:32:00 | 01:27:00 | 7 |
| S 9 | SHANE BEAMISH | AG | 0 | 00:05:00 | 00:00:00 | 00:00:00 | BIKE ONLY |
| S 1 | MIKE GARDEN | AG | DNS | DNS | DNS | DNS | DNS |
| S 3 | BEKI NCUBE | AG | DNS | DNS | DNS | DNS | DNS |
| S 5 | PAULO CAVERNA | AG | DNS | DNS | DNS | DNS | DNS |

ROAD - AG WOMEN - SPRINT

| RACE NUMBER | NAME | CAT | DISC # | CLOCK TIME | FINISH TIME | ACTUAL TIME | POS |
|-------------|------------------|-----|--------|------------|-------------|-------------|-----|
| S 18 | LAURA O'DONOGHUE | AG | 4 | 00:05:00 | 01:15:31 | 01:10:31 | 1 |
| S 17 | GREER WYNNE | AG | 10 | 00:05:00 | 01:22:32 | 01:17:32 | 2 |

ROAD - JUNIOR WOMEN SPRINT - U17/U19

| RACE NUMBER | NAME | CAT | DISC # | CLOCK TIME | FINISH TIME | ACTUAL TIME | POS | AGE CAT POS |
|-------------|----------------|-----|--------|------------|-------------|-------------|-----|-------------|
| S 22 | MICHELLE PIOUS | U17 | 48 | 00:05:00 | 01:52:47 | 01:47:47 | 1 | 1st U17 |

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ROAD - JUNIOR MEN SPRINT - U17 / U19

| RACE NUMBER | Participant First Name | CAT | DISC # | CLOCK TIME | FINISH TIME | ACTUAL TIME | POS | AGE CAT POS |
|-------------|------------------------|-----|--------|------------|-------------|-------------|-----|-------------|
| S 14 | CALLUM SMITH | U17 | 2 | 00:05:00 | 01:12:58 | 01:07:58 | 1 | 1st U17 |
| S 11 | STANLEY CHASAKARA | U17 | 8 | 00:05:00 | 01:18:59 | 01:13:59 | 2 | 2nd U17 |
| S 12 | TAPIWA CHIDZODZO | U19 | 47 | 00:05:00 | 01:51:55 | 01:46:55 | 3 | 1st U19 |

ROAD - YOUTH GIRLS SUPERSPRINT - U13 / U15

| RACE NUMBER | Participant First Name | CAT | DISC # | CLOCK TIME | FINISH TIME | ACTUAL TIME | POS | AGE CAT POS |
|-------------|------------------------|-----|--------|------------|-------------|-------------|-----|-------------|
| SS 57 | RACHEL O'DONOGHUE | U15 | 7 | 00:37:10 | 01:18:10 | 00:41:00 | 1 | 1st U15 |
| SS 55 | OLIVIA BEAMISH | U15 | 22 | 00:37:10 | 01:29:21 | 00:52:11 | 2 | 2nd U15 |
| SS 58 | BIANCA VAN DE LINDE | U15 | 29 | 00:37:10 | 01:35:49 | 00:58:39 | 3 | 3rd U15 |
| SS 56 | LILYARNA EGGERSGLUSZ | U15 | 39 | 00:37:10 | 01:40:06 | 01:02:56 | 4 | 4th U15 |

ROAD - YOUTH BOYS SUPERSPRINT - U13 / U15

| RACE NUMBER | Participant First Name | CAT | DISC # | CLOCK TIME | FINISH TIME | ACTUAL TIME | POS | AGE CAT POS |
|-------------|------------------------|-----|--------|------------|-------------|-------------|-----|-------------|
| SS 45 | ZANDER BOTHA | U15 | 9 | 00:37:10 | 01:19:15 | 00:42:05 | 1 | 1st U15 |
| SS 46 | MURRAY O'DONOGHUE | U13 | 14 | 00:37:10 | 01:26:34 | 00:49:24 | 2 | 1st U13 |
| SS 47 | BRYCE CAMERON | U13 | 16 | 00:37:10 | 01:26:39 | 00:49:29 | 3 | 2nd U13 |
| SS 52 | ETHAN DONZVA | U15 | 19 | 00:37:10 | 01:27:51 | 00:50:41 | 4 | 2nd U15 |
| SS 51 | JOHN GODDARD | U13 | 21 | 00:37:10 | 01:29:06 | 00:51:56 | 5 | 3rd U13 |
| SS 53 | DIEGO DE NORONAH | U15 | 26 | 00:37:10 | 01:34:36 | 00:57:26 | 6 | 3rd U15 |
| SS 48 | ALVIN MUFUTE | U13 | 38 | 00:37:10 | 01:39:25 | 01:02:15 | 7 | 4th U13 |
| SS 49 | CLYDE MUNOPFUKUTWA | U15 | 46 | 00:37:10 | 01:48:46 | 01:11:36 | 8 | 4th U15 |
| SS 50 | MATTHEW HILDEBRAND | U15 | DNS | DNS | DNS | DNS | DNS | DNS |

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RESULTS - MTB BIKES - 2024 DUATHLON NATIONAL CHAMPIONSHIPS - SUNDAY 29 SEPTEMBER 2024

MTB - AG SPRINT - MEN

| RACE NUMBER | NAME | CAT | DISC # | CLOCK TIME | FINISH TIME | ACTUAL TIME | OVERALL POSITION |
|-------------|---------------------|-----|--------|------------|-------------|-------------|------------------|
| S 27 | JORIS VAN NEDERVEEN | AG | 17 | 0:00:00 | 01:27:03 | 01:27:03 | 1 |
| S 26 | TATENDA NYAKUNO | AG | 23 | 0:00:00 | 01:29:47 | 01:29:47 | 2 |

MTB - AG SPRINT - WOMEN - NO ENTRIES

MTB - JUNIOR MEN SPRINT - U17/U19

| RACE NUMBER | NAME | CAT | DISC # | CLOCK TIME | FINISH TIME | ACTUAL TIME | OVERALL POSITION | AGE CAT POS |
|-------------|-----------------|-----|--------|------------|-------------|-------------|------------------|-------------|
| S 31 | JERMAINE MUJURU | U17 | 41 | 0:00:00 | 01:47:22 | 01:47:22 | 1 | 1st U17 |
| S 30 | TAWONGA CHADUKA | U17 | 42 | 0:00:00 | 01:47:23 | 01:47:23 | 2 | 2nd U17 |

MTB - JUNIOR WOMEN SPRINT - U17/U19 - NO ENTRIES

MTB - YOUTH BOYS SUPERSPRINT - U13/U15

| RACE NUMBER | NAME | CAT | DISC # | CLOCK TIME | FINISH TIME | ACTUAL TIME | OVERALL POSITION | AGE CAT POS |
|-------------|-----------------------|-----|--------|------------|-------------|-------------|------------------|-------------|
| SS 66 | MATTHEW HILDEBRAND | U15 | 13 | 00:33:15 | 01:25:55 | 00:52:40 | 1 | 1st U15 |
| SS 65 | PELLE VAN NEDERVEEN | U13 | 15 | 00:33:15 | 01:26:38 | 00:53:23 | 2 | 1st U13 |
| SS 67 | ASHTON WILLCOCK | U13 | 44 | 00:33:15 | 01:47:25 | 01:14:10 | 3 | 2nd U13 |
| SS 61 | NKANYEZI TAYLOR NCUBE | U13 | DNS | DNS | DNS | DNS | DNS | DNS |
| SS 62 | NKANYISO TYLER NCUBE | U13 | DNS | DNS | DNS | DNS | DNS | DNS |
| SS 63 | JACK KONDO | U15 | DNS | DNS | DNS | DNS | DNS | DNS |
| SS 64 | DAVE KUGARA | U15 | DNS | DNS | DNS | DNS | DNS | DNS |

MTB - YOUTH GIRLS SUPERSPRINT - U13/U15

| RACE NUMBER | NAME | CAT | DISC # | CLOCK TIME | FINISH TIME | ACTUAL TIME | OVERALL POS | AGE CAT POS |
|-------------|----------------------|-----|--------|------------|-------------|-------------|-------------|-------------|
| SS 68 | TAMIRANASHE MABOREKE | U13 | 36 | 0:33:15 | 01:39:00 | 01:05:45 | 1 | 1st U13 |

RESULTS - 2024 DUATHLON NATIONAL CHAMPIONSHIPS - SUNDAY 29 SEPTEMBER 2024

DUFUN

| RACE NUMBER | | NAME | Gender | DISC # | CLOCK TIME | FINISH TIME | ACTUAL TIME | POS |
|-------------|----|---------------------|--------|--------|------------|-------------|-------------|-----|
| FN | 13 | JUSTIN LAKE | M | 27 | 00:00:00 | 01:34:37 | 01:34:37 | 1 |
| FN | 10 | ADAM MANNING | M | 28 | 00:00:00 | 01:35:20 | 01:35:20 | 2 |
| FN | 7 | ELI ECOLAZA | M | 30 | 00:00:00 | 01:36:37 | 01:36:37 | 3 |
| FN | 12 | FYNN MAJOR | M | 31 | 00:00:00 | 01:36:47 | 01:36:47 | 4 |
| FN | 8 | DOMINIC BOWL | M | 32 | 00:00:00 | 01:37:13 | 01:37:13 | 5 |
| FN | 14 | WILLIAM LAKE | M | 33 | 00:00:00 | 01:37:26 | 01:37:26 | 6 |
| FN | 5 | FREEK VAN NEDERVEEN | M | 34 | 00:00:00 | 01:37:57 | 01:37:57 | 7 |
| FN | 11 | EVA VAN WOERSEM | F | 35 | 00:00:00 | 01:38:25 | 01:38:25 | 8 |
| FN | 9 | DANIEL HILDEBRAND | M | 37 | 00:00:00 | 01:39:16 | 01:39:16 | 9 |
| FN | 3 | ERI NYAZVIGO | M | 40 | 00:00:00 | 01:47:16 | 01:47:16 | 10 |
| FN | 4 | BONGINKOSI MOYO | M | 43 | 00:00:00 | 01:47:24 | 01:47:24 | 11 |
| FN | 6 | TENDEKAYI MUNHUMWA | M | 45 | 00:00:00 | 01:48:22 | 01:48:22 | 12 |
| FN | 1 | DIEGO DE NORONAH | M | DNS | DNS | DNS | DNS | DNS |
| FN | 2 | TAKUDZWA MAPURANGA | M | DNS | DNS | DNS | DNS | DNS |

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SPRINT - TEAMS - NON CHAMP

| RACE NUMBER | TEAM NAME | RUNNER 1 | BIKER | RUNNER 2 | DISC # | CLOCK TIME | FINISH TIME | ACTUAL TIME | POS |
|-------------|--------------|------------|--------------|--------------|--------|------------|-------------|-------------|-----|
| S 41 | THE STEFFENS | SOPHIA/OBS | OBS STEFFENS | OBS STEFFENS | 24 | 0:05:00 | 1:29:53 | 1:24:53 | 1 |
| | | | | | | | | | |

SUPERSPRINT - TEAMS & AG NON CHAMP

| RACE NUMBER | TEAM NAME | RUNNER 1 | BIKER | RUNNER 2 | DISC # | CLOCK TIME | FINISH TIME | ACTUAL TIME | POS |
|-------------|-----------|----------|--------|----------|--------|------------|-------------|-------------|-----|
| SS 69 | SZL 2 | KHAMA | TINAYE | MUNASHE | 11 | 0:33:15 | 1:23:33 | 0:50:18 | 1 |
| SS 68 | SZL 1 | KHAMA | TINAYE | NOMAH | 20 | 0:33:15 | 1:28:06 | 0:54:51 | 2 |

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